



THE
Journey
Part One

Twelve Lessons From Climbing Mountains!

1) Choose a Destination!

- In life, your choices determine your destination
- You can't have it all
- Every choice opens up some things, and closes the way to others

Proverbs 28:18 – Where there is no revelation, the people cast off restraint...” (NKJV)

Luke 9:51 “...He steadfastly set His face to go to Jerusalem...”

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2. Take Supplies and Equipment Adequate for the Journey

Luke 14:28-31 *“For which of you, intending to build a tower, does not sit down first and count the cost, whether he has enough to finish it —lest, after he has laid the foundation, and is not able to finish, all who see it begin to mock him, saying, ‘This man began to build and was not able to finish.’”*

Prepare for your climb!

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3. Set Smaller, Measurable Goals

Ps 37:23-24 “The steps of a good man are ordered by the Lord, And He delights in his way. Though he fall, he shall not be utterly cast down; For the Lord upholds him with His hand.”

4. Don't Lose Track of the Trail Markers

Heb 12:1 “...let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us...”

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5. Watch Where You Step

- Matthew 7:24-27

6. Stay Accountable

- **Eph 5:21** “...submitting to one another in the fear of God.”
- **Heb 3:13** “...but exhort one another daily, while it is called ‘Today,’ lest any of you be hardened through the deceitfulness of sin.”
- **Heb 10:24** “And let us consider one another in order to stir up love and good works...”

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A grayscale photograph of a person's legs from the knees down, standing on a rocky mountain peak. The person is wearing light-colored, cargo-style pants and dark hiking boots with white soles. The background shows a vast, hazy mountain range under a bright sky.

1. Where are You Going?
2. Prepare
3. Set Smaller, Measurable Goals
4. Don't Get Lost
5. Watch Where You Step
6. Stay Accountable